



Newsletter

Director's News- Karen. A

The run into Xmas is coming fast & our planning for 2019 is well underway. Everyone has been given their 2019 confirmation (see me if there is any issues) & our numbers are high. If you have any family or friends who are looking for child care then please get them to contact me asap as we are booking up fast.



Dawn is due to return from her holiday around Australia at the beginning of December & it will be great to see her smiling face again.

To ensure we are compliant with our government reporting obligations we have just introduced electronic sign in/out for the families. Hopefully this change will make things easier for everyone & lots of our families got excited when they saw the iPads in the foyer.

**For Alyssa
Market Day
Sat 3rd Nov**

9am-2pm

**30 market
stalls**

**Jumping castle
Face painting
Lots more**

NQS & QIP Centre Update-Karen. A

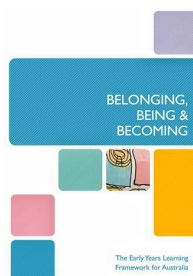
We have been looking around our community to see where we could extend our partnerships. We have been in contact with 2 local nursing homes which would love to build a partnership with us & for the older children to visit them on a regular basis. Both nursing homes are on the local bus route which means getting to them will be easy. We will start with a visit to deliver Xmas decorations the children have made & to sing some songs. Next year we will visit them every 2 months in small groups with both the Rainbow Fish & Sea Shell children participating.



We have reviewed the structure of our end of year learning summaries & have decided to make some changes with how

we write them as we want to make them more reader friendly for the families. We will be using *Belonging, Being & Becoming* as the basis for our writing, as these are the fundamentals of the EYLF rather than the 5 learning outcomes.

All our educators will be attending a professional development training night on 8th November. This training is focused on Assessment & Rating & the information we get from this training will assist us to develop our future QIP. With the introduction of the revised NQS in February this year we need to prepare for our next assessment which could be anytime from next year.



Wyong Little Learners Child Care Centre

Volume Issue

Newsletter Date
October 2018

Special Dates to Remember:

- ☺ Sea Shell
Graduation Night
Tues 11th Dec
- ☺ Chn's Xmas Party
Thurs 13th Dec
- ☺ Fri 21st Dec last
day for 2018
(closing at 5pm)
- ☺ Mon 7th Jan centre
re-opens for 2019

Policies Being Reviewed:

- ⇒ 2:2,2:3,2:4
- ⇒ 4:8,4:9,4:15,4:17,4:18

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Star Fish News



Finally Spring is upon us but unfortunately we have had nonstop rain since it arrived. However, in the Starfish room we just take this as an opportunity to explore activities and learning that requires more time, such as craft, sensory exploration, photography and cooking.

As soon as Spring arrived we had a chance to do some gardening and we planted flowers as well as tomatoes, strawberries and mint. We regularly take time out of our days to explore these gardens even through the window on rainy days. Hopefully in no time we will have fruits that we can enjoy



eating.

With the year coming to an end we have been working with all of the children whom will be moving up to the Turtle room next year to help them have a smooth transition. They have been going down to the dining room to practise sitting in big chairs, drinking from big cups and scrapping their own plates. We will be moving the last couple to big beds next month as well. We also have a couple of children that have begun sitting on the toilet to get familiar with this routine and comfortable with the thought of just sitting on their before we expect anymore from them. If you would like your child to begin this new journey please let one of the educators know.

We in the Starfish room are excited for the festive season approaching starting with Halloween. We will be having a dress up day on Wednesday the 31st October and then our For Alyssa disco at kids HQ afterwards which we hope you'll join us there too (see details in the foyer). We would love to hear from you as to how you celebrate the end of year festivities with your family. You can email us back, message us through hangouts or just simply have a chat with one of us.



Nikki, Sarah, Erin, Micaela, Bronwyn, Mel and Britt.

Turtle News



Boy oh boy, how far we have come through this year, October already and watching your children grow everyday.

We would like to welcome the new children that have started to attend our centre in the turtle room over the last couple of months, we hope they are enjoying their time with us and settling in nicely with many stories to tell you at home about their adventures at preschool.

Some of our many day to day activities over these last few months, have included the Australian wide celebration of book week, from the 21st to the 25th of August was a great success. We saw so much participation and enthusiasm with our turtles dressing up as

characters from their favourite books and staff getting in on the fun also. We explored a variety of books over the week with multiple experiences set up to discover and develop the book world with the children. These experiences and adventures provide so many opportunities for creative learning.

Talking about adventures, we have changed our adventure days to Tuesdays and have taken an exciting but safe risk out into the community on bus trips to Tuggerah. We have had so much fun making our way up to the bus stop and crossing the road using the lights and safe crossing practices which strengthens our self help skills, we then caught the big bus to the local library



exploring books and having stories read to us extending on from book week.

Coming in to the end of the year we will start to focus more on self help skills assisting our teachers to make our beds, so we are prepared for next year if we are moving up to the rainbow fish room.

As this is the last newsletter of the year, just a quick note to say we have had such a lovely year watching all the turtles grow into the beautiful little people they are becoming. We have enjoyed working with all families to assist all of your needs and expectations the best we can, and we wish you all a lovely Christmas and holiday season.

Love the turtles

Rainbow Fish News

The end of the year is fast approaching, we can't believe it is already October. We have loved welcoming two new friends, Elayna and Aisha, into the Rainbow Fish room recently who have settled in nicely.

The Rainbow Fish children have been participating in a variety of different experiences these past few months with many more to come in future weeks. The end of August brought along Book Week which was a lot of fun. We saw many different characters enter our room and the children's interest in reading and storytelling grew greatly.

We have been treated to special visits from all sorts of interesting people recently. We saw an interactive bug show where we learnt about a variety of different creepy crawlies and some of us were even brave enough to hold them! Next we had a dental health visit where the children were given the opportunity to practice their

tooth brushing skills on some chattering teeth and were given their own special gift of toothpaste and a toothbrush to continue mastering their tooth brushing skills at home. During October we had a visit from Central Coast Surf Lifesaving where we learnt all about safe practices in the water and the children were able to dress up in surf lifesaving clothes just like the lifesavers we see on the beach! Our most recent visit was from Fire and Rescue NSW where we had four firefighters bring their firetruck to school! We got to practice our stop drop and roll technique and even had a go at the firehose!

Along with these amazing visitors, the Rainbow Fish Children have also been experiencing some exciting excursions. After enjoying our time on our Adventures into the Beyond program and practising keeping safe with our educators while outside the centre, a few excursions have been organised for the children to experience different aspects of our local



community. We have already taken 10 children on an excursion to Woolworths to partake in their Discovery Tour program where we were able to take the bus, walk through the special parts of the store like the freezer and decorate our own donuts! The group of children loved this experience and we are excited to take more children on our upcoming excursions to Baker Park for a scooter day, another trip to Woolworths and to local nursing homes. Our excursions to the nursing homes will be during December and we have been getting prepared by creating decorations for the residents and learning some Christmas Carols. Xeenah's mum, Van, was kind enough to come in to teach the Rainbow Fish and Seashell children how to sign the song 'We Wish You a Merry Christmas' to follow on from our interest in learning about sign language. We are very excited to practice our signing for these excursions and look forward to spreading some Christmas cheer.

We're excited to set out on these exciting adventures to finish off 2018! Love Amy, Hayley, Lou, Renee and Louise.

Munch & Move Snippets

Did you know?

HEALTHY EATING

1/3 of your child's plate should be made up of carbohydrate.

Wholegrain varieties of bread, pasta or rice are best. By choosing wholegrain varieties you are providing your child with fibre, B group vitamins and iron.



Did you know?

HEALTHY EATING

Red meat is rich in protein, iron and many minerals important for growth and development of children.



Did you know?

HEALTHY SNACKS

Healthy snacks for growing children include:

- Fruit and vegetables
- Dairy such as milk, yoghurt and cheese (reduced fat for over 2 years)
- Wholegrain breads, cereals or crackers



Did you know?

HEALTHY SNACKS

Filling up on junk or 'sometimes' foods high in energy and sugar leaves less room for the more nutritious or 'everyday' foods.



Centre Housekeeping

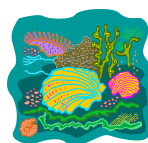
- Fees will be debited on Thursdays from your nominated account. Dishonor fees will be incurred for any child care fee returned.
- Do not leave any medications or dangerous items in your child's school bag as they are accessible to all the children.
- Check your child's pocket daily for notes.
- Update any contact details via the Update Form in foyer.
- Label all items coming to the centre, such as clothes, sheets, shoes, socks, etc.
- Do not leave children unattended in your car.

Staff News

- * Karen.M will returning from annual leave 7.11.18
- * Bron & Georgie on 2 weeks annual leave from 29.10.18

If you would like to join the Parent Committee at WLL please see Karen

Sea Shells News



We have had a busy few weeks in the Seashell Room with some very special visitors. To start off with we had a visit from the Surf Life and Rescue. They spoke about what the children should do when they find themselves in

danger in the water. What the flags mean on the beach, the red and yellow flags. The



children then engaged with the Surf Life and Rescue by wearing the clothes and each getting a turn of holding the flag. The rain has been a big part of our days over the past weeks where we have engaged in puddle time wearing our wet suits just to get out for some fresh air and play in the mud and rain learning more about their world, which was great fun with children and educators.

This also meant a lot of inside learning experiences such as cognitive puzzles, free hand drawing, guided colouring. Most of the Seashell friends participated in the paper Mache experience, they are creating Halloween pumpkins. We had a visit from a parent of the centre who works at a dentist, we then got to learn about dental hygiene, whilst they were curious and had many questions. The children then got a gift of a toothbrush and toothpaste which they took home, and have told us they are using them at home.



We have also had a visit from the Rural Fire Brigade, which we found was also very beneficial to our seashell friends. This experience allowed the children to engage in discussions about fire safety and a visit to the fire truck which

the children then had the opportunity to engage in a hands on experience with working the fire hose. To end this experience they got to see the lights and sirens.



We have been practicing our graduation performance, and for our visit to the nursing homes in December. Our excursions this year have been amazing and beneficial for the children, our community and educators.

Just a friendly reminder from our Seashell educators please ensure your child's hat is placed in there school bag, as the children need to wear their hat outside as our policy states.

Liz, Lauren, Belle, Harry, Jackie and Louise